

Questions to Ask

General Questions

1. What size are the rooms? _____
2. Are the bathrooms private or shared? _____
3. What is the starting price? _____
4. What services are included in the price? _____
5. What services are excluded in the price? _____
6. What are the move-in fees? _____
7. What is the deposit and is it refundable? _____
8. How often do rate increases occur and how large are they? _____
9. Do you have a waitlist? _____
10. Is there an age restriction? _____
11. What is the number of units? _____

Day to Day Life Questions

12. What does the dining area look like? _____
13. What type of meals are provided? _____
14. Can special diets be accommodated? _____
15. What time are meals served? _____
16. What type of snacks and beverages are available? _____
17. Are there activities in the facility for residents? _____
18. Are there outside activities planned for residents? _____
19. How is housekeeping service handled? _____
20. How is laundry service handled for each resident? _____
21. Is the location handicap accessible? _____
22. Is there scheduled transportation? _____
23. Are there exercise facilities? _____
24. What is the family visitation policy and hours? _____
25. Can family share a meal with the resident? _____
26. Is cable television available and at what cost? _____
27. Is internet service available and at what cost? _____
28. How are the resident telephone services handled? _____
29. Are there common areas for family and guests? _____
30. Is temperature individually controlled? _____
31. Can residents personalize their own apartment? How much? _____

Safety Questions

32. Does the facility have a sprinkler system? _____
33. Are the exits clearly marked? _____
34. Are the doors to the building locked; if so what time? _____
35. Are there alarms on the doors? _____
36. Is there a fire emergency plan? _____
37. Are flooring materials non-skid and low pile? _____
38. Is the lighting good throughout the residence? _____
39. Are walls wide enough for a walker if I need one? _____

Activities and Socializing Questions

40. What type of activities does the community offer? _____
41. Do they post an activities calendar each month? _____
42. Is there a specific person to coordinate and assist with activities? _____
43. Are there activities available after hours and on weekends? _____
44. Do residents have input into activities offered? If so, how? _____
45. Is it possible to plan events for family and guests? _____

General Suggestions

-  Get family or friends to help evaluate your options
-  Trust your feelings and reactions when interviewing a community
-  Take time to research and review the community's materials
-  Don't be afraid to ask as many questions as it takes
-  Be sure that you understand pricing
-  Take your time and don't rush into any decisions
-  Do not sign a contract until you have reviewed it in detail & understand everything including pricing



Is independent living the right choice for me?

Thinking about moving can be both an exciting and stressful phase of your life. There are a lot of emotions involved in the process, so the more information you have, the better your power to make informed choices about your future. Here are a few considerations to help you in this process.

Simplicity

Maintaining your home and property can become a burden as your interests change and you want to spend more time with family, traveling, or simply relaxing. Mowing the lawn, pulling weeds, cleaning spare bedrooms and walking up stairs to do the laundry are chores that may be keeping you from the freedom and flexibility you deserve. Independent senior apartments take away the worries of property and can be the first step in helping you to simplify your life.

Social Connection

Independent senior apartments support a strong sense of community, neighborly support, and the development of lasting friendships. Most communities offer a wide range of social activities ranging from planned excursions and holiday parties to card games and informal gatherings. Remember, no matter what type of facility you are considering, you want to make sure you connect with peers and feel comfortable in the community. Ask questions to see if some of your favorite hobbies and activities are available and talk with people involved in the community to get a better feel if this is the right place for you.

Security

A secured entry, a personable staff, and neighbors can be a great comfort to anyone. There is a peace of mind in having someone watch over things while you are at home or traveling!

Health

Senior apartments are designed to support residents' physical and mental health and wellness. An active lifestyle means having places to go, someone to go with, and access to all kinds of recreation. It encourages mobility and wellness, and makes sure you get the most out of each and every day. Getting older doesn't mean slowing down, it means having more time to participate in all of the activities you've always wanted to do.

Amenities, Amenities, Amenities!

There are hundreds of different amenities offered in individual living communities. Home theaters, swimming pools, weekly housekeeping services, fitness rooms, recreational and social activities, meals, seasonal parties and more. You'll be able to enjoy an array of activities and service options enabling you to create the lifestyle you've been waiting for.